

# Emmaus of the Midlands Messenger

P. O. Box 25165 Columbia, SC 29224-5165

www.midlandsemmaus.com

## November/December 2009

### Recipes Needed for Cookbook

We are in need of more recipes for the cookbook (ALL proceeds will go into a scholarship for Emmaus). The majority of recipes received are for desserts; we need appetizers and main dishes as well. When recipes are submitted, please put your name, church and walk number so that can be included in the book too. Send them via email to [dee@deehamm.com](mailto:dee@deehamm.com) or to Dee Hamm, 264 Circle H Woods Rd Prosperity, SC 29127.

#### Recipe of the Month/Chicken Enchiladas

2 10-3/4 oz cans cream of chicken soup  
2 c. cooked chicken, cubed  
3-oz pkg cream cheese, softened  
4-oz can diced green chiles, drained  
1/4 c. onion, chopped  
1/2 c. milk  
12 10-inch flour tortillas  
1/2 t. ground cumin  
1 c. Monterey Jack cheese shredded  
1 c. sour cream

Get extra sour cream and shredded cheese to put in small bowls for toppings.

Additional topping ideas: salsa, green onions, diced tomatoes or olives.

Combine the first 5 ingredients in a blender; blend until smooth. Set aside. Mix chicken, cream cheese and onion together; spread 1 to 2 Tablespoons chicken mixture onto each tortilla. Roll up; place seam side down in an ungreased 13x9 baking pan. Top with sour cream mixture; sprinkle

with cheese. Cover; bake at 350 degrees for 30 minutes. Uncover last 5 minutes of baking.

Makes 12 servings.

### Seed Agape

Mary Furse

We are into our second month of featuring the need for 32 new table cloths for the upcoming Walks as Seed Agape. We received donations for 13 at the October Gathering!

The cost is \$15.00 per table cloth.

Members of the community had an opportunity to see a sample at the Christmas party and contribute to this project to make special meal times during Walks a little more special.



### AN IMPORTANT ANNOUNCEMENT FROM THE EOM BOARD CHAIR

As the governing Board for the Emmaus of the Midlands Community (EOM), the EOM board's primary responsibility is to put on Walks. In an attempt to maximize the effectiveness and consistency of the Emmaus Walk experience for all participants, the EOM Board has recently decided to implement a new policy relative to the minimum number of participants for each Walk. The new policy necessitates that a minimum of 20 men and 20 women must be registered 6 weeks in advance of the scheduled Walks. An inability to meet the minimum number of pilgrims at that time will result in postponement of the Walks until the next scheduled time period (approximately 6 months later).

Hopefully, these changes will not actually result in any postponements of Walks but instead will encourage us to be more proactive in submitting early Pilgrim registrations. It will be incumbent upon the EOM community to actively engage others in conversation to help accomplish this task. These changes are consistent with the most recent recommendations of the International Emmaus Board and the policy is similar to that being implemented by most other Emmaus communities within the state. The policy will also help us as a Community to more effectively manage the total costs associated with the Walks.

Thanks to each of you for all you do for the EOM community. It is a pleasure to serve such a fine group of God's servants.

Dennis Fish

Chair, Board Of Directors, EOM

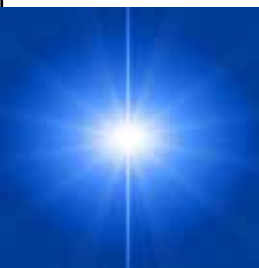
## ***Meditation from our Spiritual Director***

### ***Are you a Christmas Christian?***

Dear Brothers and Sisters in Christ—

Someone once told me there are three kinds of Christians – C&E Christians, Sunday Christians, and Monday-Saturday Christians. I asked her what she meant by that. This is what she said.

C&E Christians are “Christmas and Easter” Christians.



They're the folks who only show up for Christmas Eve and Easter. They find the story of Jesus attractive and entertaining and don't want to miss the show. However, they're not ready to make a commitment to Him.

Sunday Christians are those who come to church on a regular basis, at least three Sunday's a month. They enjoy the good wholesome fellowship with other church folks; they like singing the good old hymns of faith (and some new ones); they love to read and talk about the Bible. However, when they walk out of the church, they leave Christ behind them.

Monday through Saturday Christians are those who walk with Jesus daily. They spend time listening to God in prayer on a regular basis. They study the Bible daily, seeking to grow more in their understanding of Christ and being shaped more closely in His image. They serve others not for the sake of getting recognition but simply for the joy of sharing God's love.

The Walk to Emmaus is a wonderful weekend of being showered with God's grace. But the experience of Christ's love does not end there. The most important part of the Walk to Emmaus is our Fourth Days, where we live out the transforming grace of Christ. May you be a Monday-Saturday Christian, continuing the Walk to Emmaus on your Fourth Days.

De Colores,

## **My Walk Experiences**

**Dene DuPre**

I filled out my application for Emmaus in Winter, 2004 with trepidation and quite a bit of discomfort. I had been asked to be a part of a weekend retreat that was called the Walk to Emmaus. I knew what the Bible said about the fateful Walk to Emmaus, but beyond that was told little about my upcoming experience. I was told that I would not be able to communicate with the outside world, couldn't wear a watch and wouldn't get to eat much. Since my friend was going too; I figured if we needed to escape, at least I would have a partner to hitchhike with back from wherever the heck we were being taken. The weekend was a blur. Spartan facilities, lots of women, talks, tears and little sleep. I do remember going to a church late one night and the person behind me whispering, “whatever you do, don't drink the green kool-aid!” I came back from that weekend with questions about my relationship with Jesus...although I had been a saved Christian for years, this Walk really drove home the concept of Grace. Unconditional Grace.

Fast forward to 2009, Emmaus of the Midlands Walk number 34. I had worked in the kitchen, helped with the Agape feast, but this walk, God was ready for me to do a talk. I wasn't sure I was ready, but one thing I have learned is when God presents me an opportunity to advance His kingdom, I better take it. The blessings of being a servant are incredible. I watched my table grow to love one another, trust one another and support each member as the weekend progressed. I will always remember the awe as they entered the Candlelight service; the joyous tears and the Holy Spirit working in our lives, ministering to us just as we needed. I felt the love of the entire fellowship and the power of Christ as I looked into their faces while giving the Talk on Piety. I spoke of putting down the baggage in my life to accept the blessings Christ wanted to give me. I did just that on the Walk...Christ was and is faithful. I went back into my fourth day...changed, and filled with the awesome love that Emmaus is committed to bringing to all who attend.



Dene D. DuPre

Walk #34, Table of Elizabeth

Original Walk #26, Table of Mary

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*Make Time to Pray*

*Mary Furse*

Signups for the 72 Hour Prayer Vigils have started. The Spring Walks will be here before we know it!!! You can sign up the following ways:

1. At the Christmas Gathering on December 5
2. On line at [www.midlandsemmaus.com](http://www.midlandsemmaus.com)
3. By emailing [flossyd56@sc.rr.com](mailto:flossyd56@sc.rr.com)
4. Calling Mary Furse 803-699-6557



The response to the call to pray in the fall was outstanding. Let's do it again and let the pilgrims know we are with them 100%. Please continue to pray at noon for our new pilgrims, sponsors who will be inviting pilgrims to go on Walk 35, the potential pilgrims who are invited, and our board as decisions are made to improve our future Walks. We begin our 72 Day Prayer Vigil on January 4 for Walk 35. We have had 3 very successful prayer vigils. During the Men's and Women's Walk 34 we began a new tradition of a 72 Day Prayer Vigil on July 14. It continued through Sunday of the Women's Walk. We had our 72 Hour Prayer Vigils during the Walks for both groups. The participation and interest were outstanding. Thanks to everyone for making EOM a growing and ever more prayerful community.

*DEADLINES FOR APPLICATIONS*

**Men's Walk # 35**

**Deadline : *January 28, 2010***

**Women's Walk #35**

**Deadline: *February 4, 2010***

**Emmaus of the Midlands**  
**P.O. Box 25165**  
**Columbia, SC 29224-5165**

**Presorted Standard**  
**US Postage Paid**  
**Columbia, SC**  
**Permit No. 01157**



**EOM Financial Info**

Sept Beg Bal	\$ 6,956
Income: Walk Register	1,520
Team Fees	140
Gathering	741
Seed Agape	<u>60</u>
Total Income	\$ 2,461
Expenses: Walk Supplies	0
Camp Rental	0
Kitchen Costs	0
Candlelight	0
Community Stores	0
Bus Rental	0
Mini Storage	0
Int's Walk Fee	<u>0</u>
Total Expense	<u>\$ 0</u>
Sept End Bal	\$ 9,417

**Upcoming Events**

- January 14-17**      Boy's Chrysalis Flight 4  
Candlelight Saturday Jan 16, 8 pm
- January 22, 2010**      Gathering -Lyttleton UMC Camden
- January 28, 2010**      Deadline for Men's Applications  
Walk #35
- February 5, 2010**      Deadline for Women's Applica -  
tions Walk 35
- February 11-14**      Girl's Chrysalis Flight 4  
Candlelight Saturday Feb 13, 8 pm
- February 26, 2010**      Gathering - Frances Burns UMC
- March 2010**      No Gathering
- March 11-14, 2010**      Men's Walk 35  
Candlelight Saturday Mar 13, 8 pm
- March 18-21, 2010**      Women's Walk 35  
Candlelight Saturday Mar 20, 8pm
- April 23, 2010**      Gathering - Lexington UMC

If you receive this newsletter and have an e-mail address, please consider using the Emmaus Web site to read the monthly newsletter. This will reduce the cost of printing and mailing. If you are willing to help in this way, e-mail [tomfurse@sc.rr.com](mailto:tomfurse@sc.rr.com)

**Next Gathering-January 22, 2010**  
**Lyttleton UMC**  
**1206 Lyttleton Street**  
**Camden, SC 29020**  
**(803) 432-3191**

**Directions:** Take I-20 to Exit # 98 (US 521). Turn toward Camden. Go to the 3rd traffic light and turn right (US 1). Then go to the first traffic light and turn left (Lyttleton Street). The church is on the right in the 2nd block.