

EMMAUS OF THE MIDLANDS MESSENGER

October 2012

Prayers, Presence, Gifts and Service *by Al Carter, Lay Director*

The Fall Walk is upon us. Have you made a commitment to serve in any way? Help is always needed and appreciated in the kitchen. An extra hand helping with luggage at send off or on Sunday afternoon makes for less work for everyone. Strong backs are needed for camp set up and take down. Have you signed up for the 24 hour prayer vigil? Smiling faces are needed at send off, candlelight and closing. Have you made a commitment to serve in any way?

De Colores, Al

Planted Seeds *by Bobby Sandifer, Public Relations*

Since the end of August, presentations explaining the Walk to Emmaus have been made to 4 different churches. The presentation at Dalzell UMC was made during a meeting of all the pastors from the Hartsville District. Many thanks to Rev. Wanda Altman (Dalzell UMC), Pastor Cliff Binion (Pentecost UMC and Vaocluse UMC) and Al Carter (Bethel UMC) for the invitations to spread the word about Emmaus.

If you would like a presentation at your church, or if you know of a church that is not yet involved in the Emmaus Community that might be interested, please contact me at rbsandifer@sc.rr.com or 803.983.7380.

De Colores, Bobby

Gatherings *by Leonard May, Vice Chair / Gatherings*

If your church would like to host the Gathering for June 2013, please let me know.

January 25, 2013	Platt Springs UMC (West Columbia)
February 22, 2013	Bethel/Oswego UMC (Sumter)
March	No Gathering because of Spring Walks
April 26, 2013	Mt. Horeb UMC (Lexington)
May 24, 2013	Dalzell UMC
June 28, 2013	TBA

De Colores, Leonard Home # 803-364-1894 Cell # 803-924-5794 E-mail: leonardmay@bellsouth.net

Let's Cook *by Debbie Murphy, Chrysalis and Delores Fish, Kitchen*

Attention Community, we know you can cook, so we are asking you to share your favorite recipes. You know, the ones you bring to Gatherings that make our mouths water!

Please contribute to our first ever Emmaus cookbook which we will sell to raise funds for future Walks. What a wonderful gift a cookbook filled with all those delectable treats would make for family and friends!

Email your recipes to Debbie Murphy (thaynemurphy@yahoo.com) or Delores Fish (deafish@yahoo.com). If you do not have email access, please write your recipe on plain typing paper and bring it to the next Gathering, or you can mail it to:

Debbie Murphy
396 Hawley Creek Rd
Prosperity, SC 29127

Delores Fish
110 Portofino Ln SW
Aiken, SC 29803

Got Food? *by Teri Schell*

Is your church interested in a food ministry? One Harvest Food Ministries is a non-profit, non-denominational, faith-based organization that is committed to helping American families. They offer an affordable family meal solution that provides high quality food choices. The program teaches families the principles of saving money and stewardship without being forced to compromise their quality of life.

By eliminating the middleman and partnering with local non-profit organizations to implement food delivery, One Harvest is able to maintain a low overhead and eliminate the high costs associated with retail grocery chains. Alignment with premium growers, packers and shippers across the U.S. allows One Harvest to provide families with the brands people love. These savings benefit the consumer by reducing the consumer's grocery cost up to 50%.

Smyrna United Methodist Church in Elgin is currently the only partner site in the Columbia area and is responsible for picking up orders in Huntersville, NC on the last Saturday of the month at 7:30 am. There is an obvious need as we have had people from over an hour away drive to Elgin to pick up boxes. In order to have a local, Columbia area drop site, more organizations are needed to make it fiscally feasible. If your church is interested in partnering with One Harvest, please call me at 803-408-8543. I will be glad to answer any questions you may have.

If you would like more information or would like to place an order, go online to www.oneharvest.com. You can pay with a credit or debit card with Smyrna UMC as the Host Site.

De Colores, Teri

BOARD MEMBERS

Margaret Amick	Snack Agape	<i>mgamick@aol.com</i>	803.772.5528
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Bobby Sandifer	Transportation / PR	<i>rbsandifer@sc.rr.com</i>	803.983.7380
Jac Ullman	Table Agape	<i>jacullman@yahoo.com</i>	803.445.9653



SAMPLE ONLY

PLEASE GO TO WEBSITE FOR CURRENT MENU

#1 FAMILY BOX **\$35.00**

- 2 lb Avg Boneless Skinless Chicken Breasts
- 3 lb Avg Split Chicken Breast Bone In
- 1.5 lb Southwest Pork Roast
- 1 lb Premium Ground Beef
- 12oz Butterball Ground Turkey
- 1 lb Lee Breakfast Sausage
- 1 lb Fresh Frozen Broccoli
- 1 lb Fresh Frozen Mixed Vegetables
- 1 lb Fresh Frozen Green Beans
- 1 lb Fresh Frozen Sliced Squash
- 2 lb Long Grain White Rice

#2 MORE THAN ENOUGH BOX **\$46.00**

- 4 lb Avg Boneless Skinless Chicken Breasts (2 – 2lb pkgs)
- 3 lb Avg Split Chicken Breast Bone In
- 2 lb Smithfield Pork Riblet
- 1.5 Southwest Pork Roast
- 24 oz Butterball Ground Turkey (2 - 12oz pkgs)
- 1 lb Premium Ground Beef
- 1 lb Lee Pork Breakfast Sausage
- 13 oz Beef Smoked Rope Sausage
- 12oz pkg Kayem Hot Dogs
- 1 lb Fresh Frozen Field Peas w/Snaps
- 1 lb Fresh Frozen Butter Peas
- 1 lb Fresh Frozen Corn on the Cob
- 1 lb Fresh Frozen Cut Peas & Carrots
- 1 lb Fresh Frozen Sliced Carrots
- 2 lb bag Long Grain White Rice

***Items weights are approximate.
In the event of a shortage, items may be substituted.*

Order online at www.oneharvest.com,

Smyrna UMC, Elgin, SC as pick up location.

Call 408-8543 to place cash orders or with questions.

#3 GOLDEN CUISINE EXPRESS MEALS 10 MEALS FOR **\$29.00 (MSG FREE)**

*Easy to prepare in a conventional oven,
microwave or toaster oven
Single Portion*

- Roasted Chicken w/ Red Skin Potatoes, Sugar Snap Peas & Carrots
- Breaded Baked Fish w/ Garden Pasta, Brussel Sprouts and Yellow Squash
- White Turkey & Dressing w/ Gravy, Corn & Green Beans
- Chicken Parmesan w/ Mozzarella Cheese in Marinara Sauce over Fettuccini served with Turnips & Zucchini
- Macaroni & Cheese w/ Broccoli and Lima Bean Blend
- Meatloaf w/ Mashed Potatoes, Cauliflower and Peas & Carrots
- Charbroiled Beef Patty & Gravy w/ Mashed Potatoes, Black-bean Blend & Yellow Turnips
- Chicken and Noodle with Brussel Sprouts and Corn
- Beef Stew with Roasted Potatoes, Green Peas and a blend of Chickpeas & Spinach
- Beef Pot Roast & Gravy w/ Mashed Potatoes, Green Beans & Black Bean Blend

#4 FRESH FROZEN VEGGIE BOX **\$25.00**

ALL ITEMS IN THE BOX ARE FRESH FROZEN

- | | |
|-----------------------------|--------------------------------|
| 1lb FF Strawberries | 12 ct Frozen Southern Biscuits |
| 1lb FF Sliced Carrots | 1lb FF Corn on the Cob |
| 1lb FF Broccoli Florets | 1lb FF Green Peas and Carrots |
| 1lb FF Mixed Vegetables | 1lb FF Vegetable Gumbo |
| 1lb FF Sliced Yellow Squash | 1lb FF Breaded Okra |

#5 CHICKEN SPECIAL **\$19.00**

- RTC Breaded Chicken Tenders 10 lbs (two 5lb bags)
- Solid Breast Meat 3-5oz each

#6 PREMIUM GRILLING SPECIAL **\$41.00**

- (4) 10 oz USDA T-Bone Steaks (2.5 lbs)
- (4) 8 oz Choice Cut USDA Sirloin Steaks (2 lbs)

#7 SUPER SAVER GRILLING SPECIAL **\$36.00**

- 2 lbs Choice Cut Sirloin Steak (4 -8oz)
- 3 lbs Boneless Choice Cut Pork Chops

Emmaus of the Midlands
PO Box 25165
Columbia, SC 29224-5165



Visit our website
www.midlandsemmaus.com

DECEMBER

Emmaus Gathering...Dec 1

Pot Luck Dinner @ 6 pm

Program @ 7 pm

Wightman UMC

302 North Main St.

Prosperity, SC

803.364.2340

UPCOMING EVENTS

Oct 25-28 Women's Walk 40

Oct 27 *Candlelight (8:00 pm @ Trinity UMC, West Columbia)*

Nov 12 EOM Board Meeting (7 pm, Windsor UMC)

Dec 1 Christmas Party @ Wightman UMC in Prosperity

****No Gatherings in October and November because
Of Walk #40 and Thanksgiving***

FROM AIKEN



Take I-20 East to Exit 39 and turn left towards Batesburg (US 178 West / Fairview Rd). Just after passing Camp Agape, bear to the right onto SC 245 / South Lee St. Proceed through Batesburg and turn right onto SC 391 / N Summerland Ave towards Prosperity. After going through the traffic circle, continue on SC 391 North / Prosperity Hwy. Turn right on Broad St., then left on Main St. and Wightman UMC is on the right.

FROM COLUMBIA / SUMTER

Take I-26 West to Exit 82 and turn left on SC 773 . Turn right on US 76, then left on Langford St. Cross the railroad tracks and turn right into the parking lot for Wightman UMC.